

TRINITY EVANGELICAL LUTHERAN CHURCH TELL



509 Hummel Avenue, Lemoyne, PA 17043

Ph: (717) 763-7555



Evangelical Lutheran
Church in America
God's work. Our hands.

MARCH 2023

John 3.17: [Jesus said,] "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

Dear brothers & sisters in Christ,

As our Lenten season unfolds, I hope that you are taking advantage of the many opportunities it brings. Lent is a wonderful time to deepen your faith through any of a number of spiritual practices, drawing you closer to God in the pilgrimage of life.

Lent also offers an array of options for worship & fellowship. There's our Sunday morning service at 9:30 AM followed by coffee hour, and every Thursday in March we also have mid-week Lenten meals (at 6 PM) and worship (at 7 PM), alternating between Grace United Methodist and us. As always, you can join in-person or online. Details are found later in this newsletter.

At our Ash Wednesday service, I told those gathered that the season of Lent is also a chance to reflect on who we are, both individually and collectively. It's a chance to ask how we can reshape our priorities as the body of Christ so that we actively pursue God's desires as a way of returning to the Lord. In other words, how can we – people of God in the church – carry out the purpose of God in the world?

Perhaps the best way to carry out God's purpose in the world is to love more. In particular, the love of Christ is needed in places struck by tragedy: families and friends in crisis; communities struck by gun violence and severe weather; and especially in Turkey and Syria, where the toll from the February 6th earthquake now exceeds 50,000 dead, with millions more homeless.

I encourage you to share God's love by offering some of what God has given you – time, talent, or treasure – to assist others in one of those situations. Your offering may not seem like much to you, but to the one receiving your help, it can literally be the difference between hope and despair, even the difference between life and death.

Thank you again for your continuing support of our congregation and its ministries as we bring the God's love to the world around us. May your Lenten journey be a joyful one, and may the Lord bless you as you have so abundantly blessed others!

Faithfully,
Pastor George

Prayers: Prayers are asked for *Leona Fickel, Jim Marshall, Tom McCurdy, Bones Saurman*, and any others who were recently hospitalized, as well as all our homebound members and those battling long-term illness. If you know of any members needing pastoral care, please contact Pastor George at 717.884.5700.

Pastoral Acts: There were no Pastoral Acts since the last newsletter.

If you know of any members needing pastoral care, please contact Pastor George at 717.884.5700.

*The
Season
of
Lent*



- MARCH 2: LENTEN MID-WEEK WORSHIP @ 7:00 PM (GRACE UM)
- MARCH 9: LENTEN MID-WEEK WORSHIP @ 7:00 PM (TRINITY LUTHERAN)
- MARCH 16: LENTEN MID-WEEK WORSHIP @ 7:00 PM (GRACE UM)
- MARCH 23: LENTEN MID-WEEK WORSHIP @ 7:00 PM (TRINITY LUTHERAN)
- MARCH 30 LENTEN MID-WEEK WORSHIP @ 7:00 PM (GRACE UM)

Inside this Issue:

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NEWSLETTER ANNOUNCEMENTS

Congregational Meeting: THANK YOU to all who participated in our annual meeting on Sunday, February 19. Special thanks to our Fellowship team for a wonderful brunch! At the meeting, we: reviewed the 2022 Annual Report; approved three constitutional amendments; elected Andrea Leach and Don Howe as representatives to this year's Conference and Synod Assemblies, and discussed a congregational retreat to be held later this year. The 2022 Annual Report & meeting minutes are available to anyone interested by contacting the office.

Congratulations: Our own Ed Doyle was recognized for his kind acts of volunteerism by the Medard House, who awarded Ed as the **"Volunteer of the Year"**! Congratulations Ed, and thank you for your selfless acts of kindness throughout our community!



What a SUPER "Souper-Bowl" : A very big "thank you to all of those who participated in this event! Thanks to all of the donations, we were able to collect **139 lbs** of soup. All cans were delivered to New Hope Ministries by Jim Karl!

Mutual Ministry: The mission of the Mutual Ministry Committee is to foster good relationships between our pastor and members of the congregation as well as between individual members so that together all may use their time and talents faithfully to fulfill the mission that God has entrusted to us. In order to work toward this objective we need to be aware of any concerns or ideas you may have. Below you will find contact information for the members of the committee. We

encourage you to contact one of us with any concerns you may have and with any ideas you have for how we can better fulfill the mission of Trinity. All communications will be kept strictly confidential within the committee.

- Tom Gentzel (717) 737-8246 tjg208@comcast.net
- Heather Doyle (717) 903-0842
- doylehm@hotmail.com
- John Perry (717) 737-0774 jlplaw@aol.com.

Thank You Notes: A "Thank You" note to the congregation was received in the mail and it read: "Just saying 'Thank you' been so thoughtful, so often. Thank you for the beautiful flowers, and the prayers you sent up to me. They really helped! Thank you! Bryon's Gran"

Easter Flowers: Easter is coming up quickly and its time to order your Easter flowers. We will be ordering hyacinths and tulips at \$9.00 per plant and Easter Lillies for \$11.00 per plant. Orders to be in by Sunday, March 5th. You may place your order "in memory" or "in honor of" someone. Order forms will be an insert in the bulletin and can be placed in the offering plate.

Dinner & Show: Get tickets NOW for Trinity's Dinner & Show event on Saturday, March 25! Show starts at 4 pm with dinner at 5:30 pm. Tickets are limited. \$15 for adults, \$8 for children, and \$10 for show only. Call 717-433-0878 or 717-932-2034 .

Trinity Evangelical Lutheran Church
<https://www.facebook.com/Lemoyne>



Church Wi-Fi Access
Network: Fellowship Hall
Password: Re3-7555

Please contact the Church Office at (717) 763-7555 if you have any changes or updates to:

- Mailing address
- Cell/Home Phone Numbers
- Email
- Children going to college (Address!!)
- Adult children information

WORSHIP & MUSIC

Worship Schedule : (Sunday services are at 9:30 am. Thursday services during Lent will alternate locations as noted):

- Mar 2, 7 pm: Midweek Lenten meal & service (at Grace United Methodist)
- Mar 5: Second Sunday in Lent
- Mar 9 (7:00 pm): Midweek Lenten Service (at Trinity)
- Mar 12: Third Sunday in Lent
- Mar 16 (7:00 pm): Midweek Lenten Service (at Grace United Methodist)
- Mar 19: Fourth Sunday in Lent -- healing liturgy
- Mar 23 (7:00 pm:) Midweek Lenten Service (at Trinity)
- Mar 26: Fifth Sunday in Lent
- Mar 30 7:00 pm: Midweek Lenten Service (at Grace United Methodist)
- Apr 2-9: **Holy Week**

Midweek Lenten Services: Please join us for midweek Lenten services at 7 pm every Thursday in March. Services will be preceded at 6 pm by a Lenten meal at the host congregation. We will alternate between Grace United Methodist, 309 Herman Avenue on March 2, 16, and 30 and Trinity Lutheran on March 9 and 23. All services are in person but will also be live streamed using the links below:

- Mar 2, 16, & 30, Grace United Methodist: <https://www.facebook.com/Graceumlemoyne>
- Mar 9 & 23, Trinity Lutheran: <https://www.facebook.com/trinitylutheranlemoyne2020>

Come and worship as we reflect on our journey through the 40 days of Lent to the cross of Christ.

Lenten Devotionals: Water and Spirit provides daily devotions for each day from Ash Wednesday to the Resurrection of Our Lord. Devotions begin with an evocative image and a brief passage from the Gospel of John. The writers then bring their unique voices and wisdom to the texts with quotations to ponder, reflections, and prayers. These devotional booklets will soon be available at the church for any member who would like one. If you are homebound or otherwise unable to attend worship during Lent, please contact the church office and we will arrange to have one mailed to you as long as the supply lasts.

Online Worship: Did you know that you can still worship while you are travelling or otherwise unable to attend in person services on Sunday morning? Just go to our Facebook page and open the live-stream video link to the service. If you have any questions or concerns, please contact the church office at 717.763.7555.

<https://www.facebook.com/trinitylutheranlemoyne2020>

Biblical Storytelling: Want to become more familiar with the Bible? Here's a great chance! Biblical storytelling is a method of proclaiming scripture that involves knowing the passage well enough to accurately tell the story to others without reading the text. Pastor George does this once a month, but we would like to open the doors for others to participate in this practice. If you're potentially interested, please contact Pastor George, and he'll be happy to talk you through the process and select a passage and a date that would work for you.

Note from the Music Director:

Hello Trinity! As we enter the season of Lent, we might ask ourselves some questions: "Who is God calling us to be, and what is God calling us to do?" This question of who God is calling us to be will remain as we strive to better understand ourselves. Musically, the choirs are focusing on preparing meaningful music for Lent. If you are able, please join us for the midweek Lenten services, which we will all be celebrating with our brothers & sisters at Grace United Methodist Church. Trinity will be hosting the services at our church on March 9 & March 23 at 7:00 pm. We will also be celebrating these services with Holden Evening Prayer, which was written by Marty Haugen. Holden Evening Prayer was written in 1985, while Marty was the musician-in-residence at Holden Village, a Lutheran retreat center in Washington state. This lovely setting of vespers follows the traditional form while using contemporary & inclusive language. This year marks the first time we have done Holden Evening Prayer since pre-COVID times, and it is indeed a beautiful setting. Please let me know if you have any questions, or would like to participate in the music ministry in any way!

Yours in Christ, Theresa Polheber, Music Director

WORSHIP LEADER SCHEDULE for March, 2023

Date	Assisting Minister	Acolyte	Ushers	Altar guild	Audio & Visual A/V	Money Counters	Coffee Hour
3/5/2023	Susie Schubert	Sydney Weaver	Circle Lydia Group: Sally Conrad, Donna Siegl, Donna White, Lori Cropper, Steph Threnhauser, Jenni Handy, Andrea Leach, Kelly Frear, Laurie Ellis & Karen Eckert	Lisa Heycock, Melissa Hughes, Lisa McCarty, Donna White	Melissa Hughes	Bev & Bones Saurman	Mary Ann Howe
3/12/2023	Andrea Snedaker	John Perry	Tom & Sherrin Gentzel	Mary & Jim Karl Colleen Hiltl
3/19/2023	Jackie Mikkelson	Carol Cawthern	Mary & Jim Karl Colleen Hiltl	Laura & Heather Doyle
3/26/2023	Mary Karl	Donna Scott	Linda Moffet & John Stewart	Steph Threnhauser

CHRISTIAN EDUCATION & YOUTH

Weekly Bible Study: Bible Study is on hiatus during Lent due to the midweek Lenten meals & worship. We will resume sometime after Easter.

ELCA Social Statements: After worship on Sunday, March 26, we will continue exploring the Evangelical Lutheran Church in America’s various Social Statements. Not sure what a Social Statement is? Then come and learn as we consider the investment made by our denomination to gain a better theological foundation for understanding complex social, economic, medical, and political issues. The topic for March will be selected on February 26 during our discussion about “Genetics, Faith, and Responsibility.”

Youth Ministries: Medard’s House Youth Center: Trinity volunteers recently attended an Appreciation Dinner at MHYC. Congratulations to Ed Doyle on his selection as Volunteer of the Year in recognition of his dedicated support to youth.



JOIN US AT AN UPCOMING EVENT

Lenten Day Apart

March 4 at The Wittel Farm

Summer Camp Kick-off Worship & Picnic

May 21 at Nawakwa

Summer Camp Open House

March 19 at Kirchenwald, Nawakwa & The Wittel Farm Growing Project

Check out LutheranCamping.org for latest updates on events and other news.

Summer Camp Open House

April 16 at Kirchenwald, Nawakwa & The Wittel Farm Growing Project

Earth Day Celebration

April 23 - at Kirchenwald

Work Day

April 29 at Nawakwa
May 6 at Kirchenwald



TRINITY’S TABLE

Trinity’s table had a slow month for February with only 9 clients ! We think this was due to the fact the February first was a Wednesday and therefore clients got confused about which week to attend.

We are always thankful to those who donate for this worthwhile cause! This month, we are asking for toothpaste, shampoo, and deodorant.

A big thank goes to Carol and her volunteers who provided a wonderful meal despite the lack of clients ! A big “thank you!” to Giant Foods and Weiss markets for their donations, along with all the Trinity members and their donated goods, without which these sessions wouldn’t be possible. Your generosity is what makes Trinity’s Table so successful!

Helping Orphans and Vulnerable Children Across Pennsylvania and the World.

In Pennsylvania, roughly 14,000 kids are currently in foster care. Everyone can do something. What’s your “something”?Keystone Family Alliance aims to educate, motivate, and equip every Christian in the state of Pennsylvania on the needs of orphans and vulnerable children, both locally and globally. We bridge the gap between the desperate need in the child welfare system and Pennsylvania churches. By engineering wraparound Care Communities, Keystone Family Alliance provides tangible support, prayer, resources, and aid, resulting in foster families who are involved longer and stronger.

If you’re interested in learning more, please go to <https://www.keyfam.org/>





TRINITY LUTHERAN LEMOYNE
PRESENTS
**DINNER
& SHOW**
WITH ERICA LYN EVEREST
& DR. NYCE
MARCH 25
SHOW AT 4 PM
DINNER AT 5:30 PM

DINNER TICKETS ARE LIMITED
\$15 ADULTS
\$8 CHILDREN (12 AND UNDER)
\$10 SHOW ONLY
FOR TICKETS CALL JIM KARL
717-433-0878 OR 717-932-2034
DINNER WILL FEATURE LASAGNA,
SALAD, ITALIAN BREAD, AND
DESSERT (BYOB)
TRINITY EVANGELICAL LUTHERAN CHURCH
509 HUMMEL AVE, LEMOYNE, PA 17043
PROCEEDS BENEFIT BUILD UP TRINITY FUND



STEWARDSHIP

We are a church that shares a living, daring confidence in God’s grace — our congregations are evangelical mission centers where courageous and wise stewards are grown. Congregational stewardship begins with a healthy understanding of gratitude and generosity. We have first received and therefore we give. Developing a culture of gratitude and generosity is the focus for growing stewards in many congregations. Through the study of Scripture, we develop a trust in God’s abundance and strive to be faithful disciples and stewards. The formation of these stewards is a lifelong journey, and one in which we accompany each other.

Please consider using the QR code shown to make a donation to Trinity Evangelical Lutheran Church. Your support aids our efforts to share the love of Christ with others. Thank you!





PLEASE REMEMBER IN YOUR PRAYERS

PRAYERS are asked for all of those who were recently hospitalized, as well as our homebound members and those battling long-term illness. If you know of any members needing pastoral care, please contact Pastor George at 717.884.5700.

- Kara Zeigler
- Bev & Linton Saurman
- Bill Little
- Jim Marshall
- Leona Fickel
- Robert Yohn
- Carole Young
- Briley
- Joan Wolfe
- Tom & Charlene McCurdy
- Schultz Family
- All victims of gun violence & all those we name in our hearts



Altar Guild News

The sign-up sheet for weekly flower dedication is located in the Narthex, if anyone would like to sign up to dedicate flowers in honor or in memory of a friend or a loved one.

Flowers are still \$25.00.

Remember, you may still contribute to the wine for communion for \$20 a month.

Thanks and Blessings to All,
Andrea Leach

The next two altar guild groups are:

Apr. 2023 / Group # 2

Andrea Leach
Sally Conrad
Laurie Ellis
Jennie Hande

May. 2023 / Group # 3

Connie Kirkley
Sherrin Gentzel
Mary Karl
Colleen Hiltl



- 1—Bobby Threnhauser III
- 2—John Stewart
- 4—John Perry
- 5—Krystle Sacavage
- 7—Sarah Threnhauser
- 10—Stephanie Threnhauser
- 11—Scott Cropper, Jackson Coy, Jim Marshall
- 2—Ed Conrad, Jonathan Sims
- 16—Thomas Dinsmore
- 18—Jim Kirkley
- 20—Zachary Marshall, Jaheem Crawley
- 21—Sam Leach
- 27—Leona Fickel
- 28—Ana Sanchez, David Binkley
- 29—Joanne Souders, Bridgette Beck



2023 TRINITY COUNCIL COMMITTEES & MEMBERS

Evangelism/Outreach: Jacque Mikkelsen
Fellowship: Laurie Ellis
Property: Ed Conrad
Christian Education: Sherrin Gentzel
Worship & Music: Colleen Hiltl
Finance Committee: Mary Karl
Personnel Committee: John Stewart
Mutual Ministry: John Perry
Stewardship: Andy McCarty
Youth Ministry: Rebecca Weaver
Social Ministry: Stephanie Threnhauser
Treasurer: Bob Threnhauser

2023 TRINITY COUNCIL OFFICERS

President: John Perry
Vice President: Mary Karl
Treasurer: Bob Threnhauser
Secretary: Colleen Hiltl



COVID-19 GUIDELINES

On August 24, 2022 Church Council voted to adopt the following COVID-19 guidelines as recommended by the COVID-19 Taskforce.

- 1. Social distancing and masking will be at the discretion of the individual. There will not be any designated seating areas.
- 2. The sharing of the peace will also be an individual choice. Please respect those who wish to avoid close personal contact while sharing the peace.
- 3. Distribution of communion directly to worshippers shall continue while prepackaged wafers and grape juice remain available to those who prefer.
- 4. Trinity's Table will resume providing a hot meal for clients beginning in October, and masks will be optional.
- 5. Masks will be optional for meetings and fellowship events. Masks will also be optional for anyone preparing food in the kitchen. However, gloves will be required for all persons handling or preparing food in the kitchen.
- 6. A notice will be posted on all three doors to the kitchen as follows:
NOTICE
If you have tested positive for COVID-19 or are experiencing any COVID-19 symptoms, please do not enter the kitchen.
- 7. For children's Sunday school masks will be optional. However, the Sunday school staff will honor any requests by parents for masks to be worn.
- 8. Masks and hand sanitizer will remain available at various locations throughout the church.
- 9. The small water bowls, at the entrance to the sanctuary, shall not be filled at this time.

Anyone who tests positive for COVID-19 or is experiencing symptoms is asked to refrain from attending in person church events. Everyone is asked to be respectful of others especially those who may be medically vulnerable. All of these guidelines are subject to change should more contagious or lethal variants of COVID-19 emerge in the future.





**News From the ELCA
&
Lower Susquehanna Synod (LSS)**

**Turkey Earthquake Response
Lutheran World Relief**

Your generous gift to Lutheran World Relief’s emergency response fund will ensure that those who have been affected by the earthquake are able to respond immediately, deliver quilts and kits to hard-to-reach places and expand their response into the future.

You will reach others with the care they need **RIGHT NOW**, helping them endure immediate hardships and easing their suffering.

Just go to: **LWR.org**



EARTHQUAKE IN TURKEY
YOUR LOVE IS NEEDED

The needs of our neighbors in Turkey are growing every hour. Lutheran World Relief is already working with their trusted local partners to reach children, women and men in desperate need.

Your gift to Lutheran World Relief’s emergency response fund will deliver urgently needed support and care, like:

- Food, water and other critically needed items
- Temporary shelter
- Medicine and supplies for clinics

At this time, financial gifts are the number one need to assist our neighbors who are injured, hungry and displaced from multiple earthquakes.

HOW TO GIVE

You can give directly through Lutheran World Relief at lwr.org/quake or by mailing to Lutheran World Relief, PO Box 17061, Baltimore, MD 21297-1061. Please write **“QUAKE”** in the memo line. Gifts can also be made through our congregation. Write **“QUAKE”** in the memo line and we will rush a check from the church to Lutheran World Relief.

Until your love reaches every neighbor.



**LUTHERAN
WORLD RELIEF**
LWR.ORG/QUAKE

**Christians Against Christian Nationalism
ELCA Presiding Bishop Eaton**

Christian Nationalism identifies human-made governments as lockstep with God’s will.

This type of ideology is dangerous and distorts God’s will. ELCA Presiding Bishop

Elizabeth Eaton calls us to stand against Christian Nationalism:

https://www.youtube.com/watch?v=7yx_PR7ZKX0.

Lower Susquehanna Synod Bishop James Dunlop invites you to join him in signing the petition and sharing your stance online here: www.christiansagainstchristiannationalism.org.



Hope Academy in PA: Teachers Needed

In September of this year, Tree 4 Hope will open Hope Academy here in Pennsylvania, based out of St. Peter Lutheran Church, Middletown, and Trinity Lutheran Church, Steelton. They are actively looking for part-time teachers and volunteer teacher aides. Do you know of any retired teachers or other educators passionate about children’s ministry? Please help Tree 4 Hope spread the word by sharing the information in the next paragraph in your bulletins and newsletters during the months of February and March.

“Tree 4 Hope”, one of Lower Susquehanna Synod’s global mission partners, is excited to be opening Hope Academy in Pennsylvania! This bilingual, STEAM-based preschool program grounded in the Lutheran tradition will be based out of St. Peter’s Lutheran Church in Middletown and Trinity Lutheran Church in Steelton. They are actively looking for part-time teachers and volunteer teacher aides for their September opening. Email Deacon David Hope-Tringali at david@tree4hope.org to learn more and help make a difference in the lives of young children in your community today!”

Lutheran Camping Corporation is Now Hiring



Year-round positions available: Maintenance Manager at Kirchenwald and Camp Director at Nawakwa – job descriptions and more details can be found at

<https://www.lutherancamping.org/employment/>

Summer Staff interviews are happening now at LCC’s Outdoor Ministry sites, Kirchenwald & Nawakwa. Zach Weiss and Mike Youse would appreciate hearing from you if you know of youth or young adults looking for a great summer employment opportunity! The best part about being a summer camp staffer are the relationships you form in the wonderful natural settings at camp... BUT you also get room and meals covered for the summer, so you can bank most of your pay for the fall and winter months! To apply or learn more, check out



<https://www.lutherancamping.org/employment/>

Summer Positions Available at both camps: Counselors, Maintenance, Crafts Staff, Program Staff, Lifeguards

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>2023 LENTEN CALENDAR</div> <div><div>CENTRAL PENNSYLVANIA FOOD BANK</div><div>No One Should Be Hungry</div><div>MEMBER OF FEEDING AMERICA</div><div>MEMBER OF FEEDING PENNSYLVANIA</div></div>			<div>FEBRUARY 22</div> <div>ASH WEDNESDAY</div> <div>DID YOU KNOW?</div> <div>1 in 7 children and 1 in 10 people in Central PA live with hunger. We never know the burdens our neighbors carry.</div>	<div>FEBRUARY 23</div> <div>Start your day with an act of kindness!</div> <div>Skip your morning coffee purchases and donate the money to the Central Pennsylvania Food Bank.</div> <div>Challenge yourself and fellow church members to see if they can make it the whole month!</div>	<div>FEBRUARY 24</div> <div>View the latest stats on hunger in your county</div> <div>map.feedingamerica.org</div> <div></div>	<div>FEBRUARY 25</div> <div>Visit our YouTube page to learn how the Food Bank works, hear stories from our neighbors in need, and much more!</div> <div>Youtube.com/CentralPAFoodBank</div>
<div>FEBRUARY 26</div> <div>Jayden, 10, knows he needs healthy food to be the best soccer player! "I couldn't concentrate or listen to the coach if I was hungry. I'd be confused and I'd need energy."</div>	<div>FEBRUARY 27</div> <div>CPFB works with 35 school pantries and 87 Backpack programs to provide food to children and their families.</div> <div></div>	<div>FEBRUARY 28</div> <div>\$6 a week can fill a backpack to feed a child when they are not in school.</div> <div>Start a collection! How much can your church collect to fill backpacks?</div>	<div>MARCH 1</div> <div>Save your change for the month.</div> <div>Start a church penny war and donate the change to the Central Pennsylvania Food Bank. Every penny counts!</div> <div></div>	<div>MARCH 2</div> <div>DID YOU KNOW?</div> <div>The Central Pennsylvania Food Bank serves more than 144,000 neighbors in need each month.</div>	<div>MARCH 3</div> <div>Virtual Food Drive (VFD)</div> <div>Organize a VFD with friends, family and co-workers, near and far.</div> <div>For more information visit: centralpafoodbank.org/virtualfooddrive</div>	<div>MARCH 4</div> <div>Visit our website to learn about Crunch the Food Bank apple as they go on their journey from the orchard to the Central Pennsylvania Food Bank to the tables of our neighbors in need.</div> <div>centralpafoodbank.org/crunch/</div>
<div>MARCH 5</div> <div>"The best kept secret about volunteering...as a volunteer, you always get way more than you give"</div> <div>- Neil and Dixie Burke, volunteers for three years.</div>	<div>MARCH 6</div> <div>VOLUNTEER</div> <div>Volunteer as a group or individually.</div> <div>To schedule a time to volunteer, contact Kir at kevancho@centralpafoodbank.org</div>	<div>MARCH 7</div> <div>#HELPIE</div> <div>Take a selfie volunteering (#helpie) and share it on social media.</div> <div>Don't forget to tag the Central Pennsylvania Food Bank!</div>	<div>MARCH 8</div> <div>SUPPORT WHILE YOU SHOP!</div> <div>If you find yourself at the checkout at your local CVS, you can round up at the register to help support the Central Pennsylvania Food Bank.</div>	<div>MARCH 9</div> <div>DID YOU KNOW?</div> <div>CPFB is thankful to have over 16,000 volunteers who annually contribute 77,000 hours of volunteer time.</div> <div></div>	<div>MARCH 10</div> <div>Reach out to Kir to schedule a time for her to speak about the Central Pennsylvania Food Bank and the impact your church has made in our community!</div> <div>Email kevancho@centralpafoodbank.org</div>	<div>MARCH 11</div> <div>SHARE YOUR STORY</div> <div>Tell us why you choose to support the Central Pennsylvania Food Bank! Share your story with us at: centralpafoodbank.org/share-your-story-donor</div>
<div>MARCH 12</div> <div>"I usually max out on my bills during the month. This is beautiful. God sent you. It's great."</div> <div>- Gia, a senior living on a fixed income</div>	<div>MARCH 13</div> <div>Many seniors in central PA experience food insecurity.</div> <div>Through our Senior Programs, we feed more than 7,500 seniors each month.</div> <div></div>	<div>MARCH 14</div> <div>VOLUNTEER</div> <div>Volunteer with one of our local partners right in your community.</div> <div>To find an agency near you: kevancho@centralpafoodbank.org</div>	<div>MARCH 15</div> <div>Many seniors experience transportation challenges, especially in rural counties.</div> <div>The Food Bank provides home delivery for seniors who cannot come to our program sites.</div>	<div>MARCH 16</div> <div>We currently provide home delivery to more than 1,500 seniors in 13 counties.</div> <div>We will offer home deliveries to every senior across our 27 counties by 2027.</div>	<div>MARCH 17</div> <div>Visit our Cause Marketing page to learn even more ways you can help to support the Food Bank with your regular shopping!</div> <div>centralpafoodbank.org/upcomingevents</div>	<div>MARCH 18</div> <div>Spend time writing a few friendly notes to your local senior center. A kind word goes a long way!</div> <div></div>
Contact Kir Ewancho for more information: Kevancho@centralpafoodbank.org 717-547-6339 centralpafoodbank.org/enten						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>MARCH 19</div> <div>"So continue encouraging each other and building each other up, just like you are doing already."</div> <div>1 Thessalonians 5:11 NIV</div> <div></div>	<div>MARCH 20</div> <div>FRESH FOOD</div> <div>Tune into Mondays with Maryann for virtual real-time cooking demonstrations, play-along games, tips on food storage, and fun food facts! Email kevancho@centralpafoodbank.org for the Zoom link.</div>	<div>MARCH 21</div> <div>DID YOU KNOW?</div> <div>Last year CPFB distributed more than 13 million pounds of produce and 5.2 million servings of fresh milk.</div> <div></div>	<div>MARCH 22</div> <div>ADVOCATE</div> <div>Email elected officials in support of hunger relief efforts.</div> <div>centralpafoodbank.org/take-action/advocate/</div>	<div>MARCH 23</div> <div>TEXT TO END HUNGER</div> <div>Text PAFOOD to 243725 to donate</div> <div>Set aside a few minutes at the end of a service and see who can text the fastest!</div>	<div>MARCH 24</div> <div>MOVIE NIGHT!</div> <div>A Place at the Table is a great movie to learn even more about the power we have to end hunger! Look for it on your favorite streaming service.</div>	<div>MARCH 25</div> <div>FOOD WASTE CHALLENGE</div> <div>40% of food in our country goes uneaten every year while our neighbors go hungry.</div> <div>Can you have zero food waste next week?</div>
<div>MARCH 26</div> <div>Living on a fixed income means Donald, an Air Force veteran, faces challenges in affording daily necessities.</div> <div>Attending the MilitaryShare distribution, "gives us one less thing to worry about."</div>	<div>MARCH 27</div> <div>MilitaryShare is a program specifically designed to serve those who have served us.</div> <div>26% of households receiving food assistance have a member who is currently serving or has served in the military.</div>	<div>MARCH 28</div> <div>SHARE YOUR STORY</div> <div>Tell us how hunger has affected you or the people you love.</div> <div>Share your story with us at: centralpafoodbank.org/take-action/share-your-story/</div>	<div>MARCH 29</div> <div>TAKE A TOUR</div> <div>See how the Central Pennsylvania Food Bank fights hunger.</div> <div>Reach out to Kir to schedule a tour: kevancho@centralpafoodbank.org</div>	<div>MARCH 30</div> <div>BE A SOCIAL MEDIA AMBASSADOR</div> <div>Use your social media powers for good. Follow us and share Food Bank facts from our social sites.</div> <div></div>	<div>MARCH 31</div> <div>Reach out to Kir to volunteer at your local MilitaryShare distribution!</div> <div>To learn more about our program visit centralpafoodbank.org/who-we-are/our-programs/militaryshare/</div>	<div>APRIL 1</div> <div>Write thank you cards for veterans at Veterans Affairs Hospitals or Veteran Homes.</div> <div>Let them know their service has not been forgotten!</div>
<div>APRIL 2</div> <div>PALM SUNDAY</div> <div>"Anyone who has two shirts should share with the one who has none, and anyone who has food should do the same."</div> <div>Luke 3:11 NIV</div>	<div>APRIL 3</div> <div>KEEPING UP THE KINDNESS!</div> <div>Food is connection and community.</div> <div>Invite someone to share a meal with you!</div>	<div>APRIL 4</div> <div>DID YOU KNOW?</div> <div>More than 40% of households do not have enough income to meet their household needs.</div>	<div>APRIL 5</div> <div>Bake some yummy treats to host a bake sale for Easter Sunday and donate the proceeds to CPFB!</div> <div></div>	<div>APRIL 6</div> <div>HUNGER CHALLENGE</div> <div>Can you live on \$4 a day?</div> <div>Take the challenge and post on social media. Tag us!</div> <div></div>	<div>APRIL 7</div> <div>GOOD FRIDAY</div> <div>"And do not forget to do good and to share with others"</div> <div>Hebrews 13:16 NIV</div>	<div>APRIL 8</div> <div>To prepare for tomorrow's day of renewal and celebration, share on social media and with Kir all of the fun activities you did this Lenten season.</div> <div>Thank you for being a Hunger Hero!</div>
<div>APRIL 9</div> <div>EASTER SUNDAY</div> <div>As you move out of Lent, please continue to partner with the Central Pennsylvania Food Bank to uplift our neighbors in need!</div> <div></div>	<div></div> <div>CENTRAL PENNSYLVANIA FOOD BANK</div> <div>No One Should Be Hungry</div> <div>MEMBER OF FEEDING AMERICA</div> <div>MEMBER OF FEEDING PENNSYLVANIA</div>					
Contact Kir Ewancho for more information: Kevancho@centralpafoodbank.org 717-547-6339 centralpafoodbank.org/enten						

DAY OF RENEWAL REGISTRATION FORM

Date: Saturday, April 29, 2023

Registration: 9:00-9:30 a. m.
(refreshments upon arrival)

Time: 9:30 a.m. to 3:00 p.m.

Place: St. Bartholomew, Hanover

Cost: \$25.00 (Includes program and lunch)

Theme: "Women Who Know and Understand
the Ways of God "

Scripture: Luke 1:45

Special Offering:

Hanover Area Council of Churches Ministries:
See Page 6

Contact for Questions: Edna Sterner

Phone: 717-637-5722

Email: waldem50@yahoo.com



About the Speaker: Rev. Sheila Elizabeth Ireland
Sheila Ireland was born and raised in Baltimore, Maryland. She has two adult sons, Colby and Kelly, and a grand-daughter, Brielle Bobbi. Sheila moved to Hanover, Pennsylvania after retiring from public education in 2005. During her thirty-year tenure in education she was an elementary classroom teacher, resource teacher, assistant principal and principal. Sheila holds a Bachelor of Science from Coppin State University, a Master of Arts from Norte Dame of Maryland University, and a Master of Religion from Gettysburg Lutheran Theological Seminary (now United Lutheran Seminary.) Her coursework includes completion of Evangelical Free Church of America's Gateway Theological program, where she earned a certificate in Theology. Sheila was licensed and ordained to preach the Gospel in September, 2012. Prior to then and over the years, she has participated in ministries that include: preaching; teaching, Christian education leader, Sunday School, Vacation Bible School, New Member's Class, Deaconess and Usher Boards, adult Bible studies, and women's studies. She enjoys ministry, reading, television, and traveling. In retirement, Sheila studied martial arts and earned a first degree Black Belt in Taekwondo.



Sponsored by,

*The Women of the Evangelical Lutheran Church in America
Lower Susquehanna, Synodical Women's Organization*

(Please complete and mail this section of the form **postmarked by Monday, April 17, 2023**)

Make check payable to **LS SWO WOMEN OF THE ELCA** and mail to:

Kathy Kauffman, 970 Stevens Road, York Haven, PA 17370

Name: _____ **Phone** _____

Address: _____ **City** _____ **Zip** _____

Email address: _____

Home Church _____ **City** _____

**Variety of Sandwiches
Variety of Salads
Variety Desserts**





FOOD INSECURITY IN PENNSYLVANIA

Everyone deserves affordable access to healthy and nutritious food. But far too many individuals and families still don't have enough to eat each and every day. For all the commonwealth does to help those in need, gaps remain and funding remains constrained to meet demand. No one should go hungry. But the fact is that food insecurity remains a crisis in Pennsylvania.

FOOD INSECURITY AFFECTS



FACE OF HUNGER

1 in 8

PENNSYLVANIANS
LIVE BELOW THE POVERTY LINE

1.52 MILLION TOTAL

445,513 - CHILDREN

230,287 - OLDER
ADULTS (Ages 65
and Older)

OTHER



SENIOR FOOD PROGRAMS

More than 500,000 seniors are eligible for the Senior Food Box, which delivers nutritious food to older Pennsylvanians in need, but only around 42,000 are enrolled to receive it. Food insecurity among seniors contributes to malnutrition, which exacerbates disease, increases disability, decreases resistance to infection and extends hospital stays. Malnutrition increases caregiving demands and inflates health-care expenditures associated with premature or extended hospital or nursing home stays.

2,852,529

TOTAL FOOD BOXES
DISTRIBUTED

(October 2015 through September 2022)



Eligible participants include low-income individuals who are at least 60 years old and whose household income is at or below 130 percent of the U.S. poverty level.

WOMEN, INFANTS AND CHILDREN (WIC)

WIC works to prevent and improve nutrition-related health problems by offering healthy supplemental foods, nutrition services, breastfeeding support and referrals to eligible women, infants, and children under age 5. But participation has steadily declined over the last few years.

WIC PARTICIPATION

174,391 (Jan. 2021)

159,442 (Dec. 2022)

**8.6%
DECLINE**

FOOD SHOULDN'T BE AN IMPOSSIBLE CHOICE

Prices for many household goods and services are surging, putting further strain on family budgets, with no end in sight. So many of our neighbors are forced to make impossible choices between paying for groceries or paying for other critical needs such as housing, transportation, and child-care.



Together, we can end hunger.

There are many ways to give: DONATE GIVE TIME GIVE FOOD



There are many ways we show our love for Valentine’s Day, and Trinity would like to show Christian love to those less fortunate by collecting donations from the congregation for the Winter Shelters of Christian Churches United in Harrisburg and Community Cares in Carlisle. Both organizations do a tremendous job in supporting those who are homeless or at risk of being so. They are in need of:

- | | |
|----------------|--|
| k-cups socks | Chap-Stick |
| Underwear | Hair B rushes & Combs |
| Slippers | Deodorant |
| nail care kits | Small Containers of food (granola bars, oatmeal packs, crackers, etc.) |

For folks staying overnight. Community Cares also needs:

- gently used tents
- blankets
- coats and other warm clothes

During the month of March, there will be a basket in the Narthex and also in Fellowship Hall for donations. For more information, contact **Susie Schubert at 717-379-7370.**

Thank You!



Homeless Services

Severe Weather Shelter Cumberland County



Need a safe, warm
place on a
dangerously cold
night?

November thru March

Opens when:

- temperatures are expected to be at or below 32 degrees for four or more hours and one or more successive days
and/or
- snow accumulation is expected to exceed one inch or more for more than two days
and/or
- there are two or more successive days of one inch or more of rain.

Shelter located at
St Paul's Lutheran Church
201 W. Louther Street
Carlisle
Door open at 8:30p-7:30a

Call 717-448-8850
or 717-249-1009
to confirm
opening

To have access to the shelter program, you must be:
At least 18 years old or older
Experiencing homelessness

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Mid-Week Lenten Service @ Grace UM 6:00 pm Meal & 7:00 pm Worship	3	4
5 Worship @ 9:30 am _____ Sunday School Theme: The Forgiveness of Sins	6	7	8 Handbell Practice @ 6:30 pm Choir Practice @ 7:45 pm	9 Mid-Week Lenten Service @ Trinity 6:00 pm Meal & 7:00 pm Worship	10	11
12 Worship @ 9:30 am _____ Sunday School Theme: The Resurrection	13 Worship & Music @ 7:00 pm	14	15 Trinity's Table 4:00-6:00 pm _____ Handbell Practice @ 6:30 pm Choir Practice @ 7:45 pm	16 Mid-Week Lenten Service @ Grace UM 6:00 pm Meal & 7:00 pm Worship	17	18
19 Worship @ 9:30 am _____ Sunday School Theme: The Ascension	20	21 Council Meeting @ 7:00 pm	22 Handbell Practice @ 6:30 pm Choir Practice @ 7:45 pm	23 Mid-Week Lenten Service @ Trinity 6:00 pm Meal & 7:00 pm Worship	24	25
26 Worship @ 9:30 am _____ Sunday School Theme: The Pentecost _____ ELCA Social Statements @ 11:00	27	28	29 Handbell Practice @ 6:30 pm Choir Practice @ 7:45 pm	30 Mid-Week Lenten Service @ Grace UM 6:00 pm Meal & 7:00 pm Worship	31	1 - April